



LAGO VISTA INDEPENDENT SCHOOL DISTRICT

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Lago Vista Athletic Department 2020 COVID -19 PROTOCOL

Protocol Goals:

01. To provide a safe practice and game environment for players and coaches.
02. To keep the team healthy for academic and district play purposes.
03. To improve players' interpersonal, social, physical, academic skills and community awareness.

What Players Need To Keep In Mind:

01. These are NOT normal times.
02. The protocols listed in this document are not suggestions.
03. Failure to follow the protocols can potentially put your health, your family's health, and your teammates health at risk.
04. Your actions on and off the field can put your health and your team's health at risk.
05. Protocols are based on state, district, and UIL policies, and are updated frequently in order to comply with recommendations

Practice and Game Protocols:

01. Prior to each practice or game players/parents will assess for virus symptoms at home. Any player exhibiting any of the symptoms listed on the COVID screening tool **will not** report to practice or play.
02. Before exiting your transportation to the fieldhouse, players must put on a face mask. Face masks must be worn in the fieldhouse, locker rooms, and on the sidelines
03. Before stepping into the fieldhouse for practice every player will have their temperature taken.
04. Players with a temperature of 100 degrees F or greater will not be allowed to practice or play, per district protocol.
05. MASKS. During exercise, when athletes are actively participating in a game, or drill, athletes **may** wear their mask. Athletes are **required** to wear their masks at all other times.
06. When on the field/court, players will practice social distancing to the best of their abilities
07. Contact between players is highly discouraged when not in drill work or in a game.
08. FOOD. Sharing of food between players is highly discouraged.
09. WATER. It is strongly recommended that players provide their own water bottle at practices. It is recommended players bring their water bottles filled to practice.
10. WATER. Hands free water sources will be available at practice for refill but distribution regulated by the training staff for your protection and explained on the first day of practice.
11. EQUIPMENT. Players will not share equipment.
12. Hand sanitizing stations are readily available in fieldhouses and gymnasiums. Normal hand washing procedures are still strongly recommended.
13. SHOWERS. Student players are encouraged to exit the building quickly after practice and shower at home. They will be allowed to shower after our 1st period practice but must do so in a time efficient manner.
14. POST GAME. Athletes are allowed to ride home with their parents after games. They will turn in their game jersey and pants but will take their entire bag of equipment home with them.
15. AWAY GAMES. Athletes will have their temperature checked before getting on the bus to travel to away games
16. Players who struggle to abide by practice and game protocols after suitable warnings, will be addressed for discipline as their actions could potentially harm other students and coaches.